

Mission:

To protect, promote & improve the health of all people in Florida through integrated state, county & community efforts.



Rick Scott
Governor

John H. Armstrong, MD, FACS
State Surgeon General & Secretary

Vision: To be the **Healthiest State** in the Nation

FOR IMMEDIATE RELEASE

November 13, 2014

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**FLORIDA DEPARTMENT OF HEALTH LAUNCHES *FLORIDA HEALTH CLEANS UP!*
Adopts over 100 miles of roads, trails, beaches, and parks to keep our paradise litter free**

WALTON COUNTY – The Florida Department of Health in Walton County (DOH-Walton) recently announced the launch of the *Florida Health Cleans Up!* Project in support of the Florida Department of Transportation's (FDOT) roadside litter prevention media campaign released earlier this year titled "Drive it home...Keep Our Paradise Litter Free."

Locally, twenty-eight DOH-Walton employees are participating in *Florida Health Cleans Up!* Almost one and a half miles of State Highway 83 will be "swept" quarterly by this team starting at the intersection with US Highway 90 to Walton Road. DOH-Walton began this project on November 5, 2014.

"We are excited about participating in this project. It takes all of us working together as a community to keep Walton County beautiful and free of litter," stated Holly Holt, DOH-Walton Administrator and Health Officer. "Doing simple outside activities such as picking up trash is an easy way to be physically active. We hope that DOH-Walton can lead by example as it works to promote a healthy and active lifestyle."

Florida Health Cleans Up! is a venture of Healthiest Weight Florida, a public-private collaboration bringing together state agencies, not-for-profit organizations, businesses and entire communities to help Florida's children and adults make consistent, informed choices about healthy eating and active living. The Department's goal is to encourage physical activity and walking while emphasizing how small choices affect your health and environment.

More information about Healthiest Weight Florida and *Florida Health Cleans Up!* is available at www.HealthiestWeightFL.com. For more information about DOH-Walton and its local activities, please visit walton.floridahealth.gov.

The Department works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts. During 2014, the Department is recognizing 125 years of public health in Florida with educational opportunities and events. Please visit www.FLHealth125.gov for more information.

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Florida Department of Health

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DOH-Walton Staff participating in *Florida Health Cleans Up* on November 5th.
(L to R) Front Row; Brenda Blitch, Maria Estrada-Rojas. Middle Row; Tracy Ward,
Doris Smith, Candy Miller, Cindy Owen, Holly Holt. Back Row, Crystal Steele, Diane
Cuchens.